

# Basic Top 3 Results for Khula Run & Ride



## 5Km Fun Run/Walk

### Female

Race #	Name & Surname	Age	Gender	Pos	Overall Pos	Time Result	Avg Speed/Pace
1213	Lize Eloff	27		3	9	00:35:55	8.35km/h
1301	Louise Knipe	42		2	7	00:34:05	8.80km/h
1061	Shenique Parson	11		1	3	00:26:28	11.34km/h

### Male

Race #	Name & Surname	Age	Gender	Pos	Overall Pos	Time Result	Avg Speed/Pace
1383	Owethu Jeleman	19		3	4	00:31:05	9.65km/h
1408	Tito Barry	12		2	2	00:26:19	11.40km/h
1032	Ethan Parson	12		1	1	00:26:00	11.54km/h

## 10Km Trail Run

### Female

Race #	Name & Surname	Age	Gender	Pos	Overall Pos	Time Result	Avg Speed/Pace
1058	LEE Kotze	13		3	9	00:54:14	11.06km/h
1323	Emma de Kock	13		2	8	00:51:18	11.70km/h
1003	Zelda Van der Berg	35		1	6	00:49:33	12.11km/h

### Male

Race #	Name & Surname	Age	Gender	Pos	Overall Pos	Time Result	Avg Speed/Pace
1322	Mario Mons	36		3	3	00:47:31	12.63km/h
1265	REINIER KITSHOFF	35		2	2	00:37:09	16.15km/h
1293	Ashwell Clooco	27		1	1	00:37:04	16.19km/h

## 30Km Mtb - Swart

### Female

Race #	Name & Surname	Age	Gender	Pos	Overall Pos	Time Result	Avg Speed/Pace
659	Yolandie Bothma	44		3	10	01:18:22	22.97km/h
718	Danielle Koegelenberg	31		2	9	01:17:51	23.12km/h
673	Marilize Cilliers	43		1	6	01:09:49	25.78km/h

### Male

Race #	Name & Surname	Age	Gender	Pos	Overall Pos	Time Result	Avg Speed/Pace
660	LFranco Fortuin	22		3	3	01:00:43	29.65km/h
676	Noel Bell	15		2	2	01:00:35	29.71km/h
688	Ruben Meyer	15		1	1	01:00:24	29.80km/h

## 49Km Mtb - Groen

### Female

Race #	Name & Surname	Age	Gender	Pos	Overall Pos	Time Result	Avg Speed/Pace
329	Christelle Joubert	18		1	7	02:55:03	16.45km/h

### Male

Race #	Name & Surname	Age	Gender	Pos	Overall Pos	Time Result	Avg Speed/Pace
311	Mark Barnard	52		3	3	02:32:25	18.90km/h
316	Abru van Zyl	17		2	2	02:24:21	19.95km/h
328	Arnold Kitshoff	41		1	1	02:18:06	20.85km/h

## 49Km E-Bike - Groen

### Male

Race #	Name & Surname	Age	Gender	Pos	Overall Pos	Time Result	Avg Speed/Pace
315	Faure Basson	40		1	1	02:43:34	17.97km/h

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## 66Km Mtb - Rooi

### Female

Race #	Name & Surname	Age	Gender Pos	Overall Pos	Time Result	Avg Speed/Pace
3	Inge Du Toit	45	3	9	05:08:34	12.25km/h
2	LENETIA MUNDIE	51	2	8	05:08:33	12.25km/h
13	Esther Lategan	49	1	7	04:18:56	14.60km/h

### Male

Race #	Name & Surname	Age	Gender Pos	Overall Pos	Time Result	Avg Speed/Pace
5	JACQUES TERBLANCHE	55	3	3	03:45:00	16.80km/h
1	Herman Kleinhans	39	2	2	03:36:08	17.49km/h
14	Matthys Beukes	36	1	1	03:23:09	18.61km/h

## 66km E-Bike - Rooi

### Male

Race #	Name & Surname	Age	Gender Pos	Overall Pos	Time Result	Avg Speed/Pace
182	Anton Strydom	49	1	1	04:03:41	16.25km/h